



**Canadian Sport Institute Pacific
and **Water Polo West**
Athlete and Coach Nomination Criteria**

Criteria Approved **July 20 2022**:

CSI Pacific Representative	<i>Andrew Latham</i>
	Signature
Water Polo West Representative	<i>[Signature]</i>
	Signature

PURPOSE

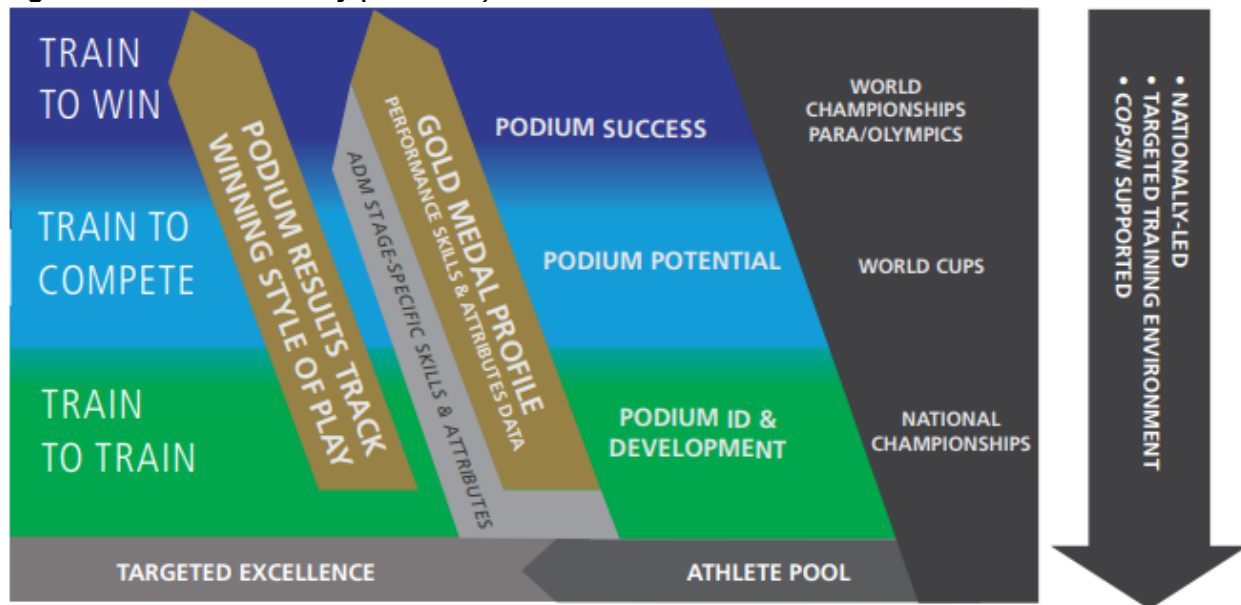
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and **Water Polo West**, collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the **Water Polo West** high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, **Water Polo West** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into **four levels** based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **Water Polo West** targeted athlete benefits, programs, and services as delivered through **Water Polo West**.

Targeted athletes are nominated by **Water Polo West** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to **Christina Kouvousis**, christina@waterpolowest.ca. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **Water Polo West** high performance program benchmarks to remain targeted. **Christina Kouvousis** and the Canadian Sport Institute technical lead working with **Water Polo West** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **Water Polo West** targeting runs **November 1st – October 31st** annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **Water Polo West** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **Water Polo West** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **Water Polo West** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **Water Polo West's** nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
 - b. The athlete in question was previously nominated by **Water Polo West** in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the **Water Polo West** sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

Note, it is the responsibility of **Water Polo West, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

***Water Polo West** Sport-Specific Criteria:*

- **Selected to Water Polo Canada's Senior Women or Men's National Team who are not receiving Sport Canada AAP Carding, verified by the NSO**

OR

- **Identified as NextGen (Senior National Team Talent Pool) athlete, verified by the NSO**

OR

- **Competed for Canada at the most recent FISU World University Games, verified by the NSO**

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

**Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

Water Polo West Sport-Specific Criteria:

- **Athletes who are selected to Junior/Youth, Women's or Men's National Team in the past 12 months, verified by the NSO**

AND

- **Register with the Provincial Training Centre (PTC)*; AND**
- **Submit an Athlete Personal Profile to PSO High-Performance Director; AND**
- **Complete at least one evaluation* through PTC**

OR

- **Athletes who:**
 - **Register with Provincial Training Centre (PTC)*; AND**
 - **Submit an Athlete Personal Profile to PSO High-Performance Director; AND**
 - **Complete at least one evaluation* through PTC; AND**
 - **Rank in the top 50 percentile of testing group scores**

**Exemption may be made by the PSO, under circumstances related to school, work, or time commitments on a case-by-case basis and recommendation of the Provincial Head Coach.*

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

Water Polo West Sport-Specific Criteria

- Athletes who are selected to attend Junior/Youth, Women's or Men's National Team camps in the past 12 months

OR

- 18U Athletes who:
 - Register with Provincial Training Centre (PTC)*; **AND**
 - Submit an Athlete Personal Profile to PSO High-Performance Director; **AND**
 - Complete at least one evaluation* through PTC; **AND**
 - Rank in the top 50 percentile of testing group scores

*Selections to support developing athletes are made at the discretion of the Provincial Head Coach (up to two athletes per gender)

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Be designated as athlete's coach of record based on sport-specific criteria below.

Water Polo West Sport-Specific Criteria: (Optional):

- Coach must be registered, and in good standing with Water Polo West.
- Coach must provide Water Polo West with information related to athlete progress and/or assessment as directed by Water Polo West.
- Coach must submit a Yearly Training Plan as directed by Water Polo West.

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

Water Polo West *Targeted Athlete/Coach Benefits, Programs, and Services*

Podium / Canadian Elite (Sport Canada AAP Carded)

- [<Sport-specific athlete/coach benefits, programs, and services listed here>](#)

Canadian Development

- [<Sport-specific athlete/coach benefits, programs, and services listed here>](#)

Provincial Development Level 1

- [<Sport-specific athlete/coach benefits, programs, and services listed here>](#)

Provincial Development Level 2

- [<Sport-specific athlete/coach benefits, programs, and services listed here>](#)

Water Polo West Player Evaluation

Grading (relative to LTAD Stage): Introducing (1), Developing (2), Excelling (3)												
Swimming		Mobility Without a Ball				Mobility With a Ball		Throwing & Catching Mechanics				
Speed	Endurance	Eggbeater	Reverse Bicycle	Blocking	Agility	Swimming With Ball	Sliding & Faking	Passing & Receiving	Shooting	Total Points	Score	
										0	0.00	

Water Polo West Goalie Evaluation

Grading (relative to LTAD Stage): Introducing (1), Developing (2), Excelling (3)										
Swimming		Mobility & Body Position				Passing & Blocking				
Speed	Endurance	Eggbeater	Body Position	Sliding	Jumps	Agility	Passing	Shot Blocking	Total Points	Score
									0	0.00

APPENDIX 2 – Water Polo West Player Evaluation Chart